



C SQUAD STARS – HONOUR BOARD FROM 2020 TO DATE – THEN AND NOW



C Squad Stars started in 2020 when it was discussed that it would be a good way to celebrate swimmers of all abilities not only on speed but also on their commitment, hard work and their support of their fellow team mates. It was only running for a couple of months when Covid struck and the club had to stop swimming. When C Stars first started two swimmers were awarded a small trophy which they took home for two weeks then it was returned.

In May 2022 C Squad stars was re-introduced by the coaching team and the swimmers are chosen usually on a monthly basis and on the last Wednesday/or first Wednesday of the month. The awards are for C Squad swimmers who show great commitment, improvement in their swimming and general attitude towards their fellow swimmers and coaches. There is a small presentation ceremony at the end of the C Squad session where successful swimmers are presented with a medal.

For our 2020 winners we have a little section on then and now and this shows how they have progressed well through the club.

January 2023 STARS

Awarded January 2023

Well done Aimee, Liam, Zoe and Anwen



November 2022 STARS

Awarded 30th November 2022

Well done Cerys, Dougal, Hollie and Caladh



OCTOBER 2022 STARS

Awarded first week in November

Well done Alice, Madi, Josseph, Iona and Iyla



SEPTEMBER 2022 STARS

Well done Millie, Amy, Iona, Naomi and Josh



AUGUST 2022 STARS

Well done Oscar, Isla Anna, Eva, Isla M and Bernhard



JUNE 2022 STARS

Well done Diana, Josseph, Isabelle and Emily



May 2022 – Our first 2022 Stars

Well done Yvie, Megan, Izzy and Cameron



SQUAD STARS

🌈 THEN AND NOW 🌈

In 2020 Lewis, Olivia, Eleanor, Kamilla and Tyla were all awarded the C Squad Stars trophy. They have all progressed well in the club with them either swimming for A or B squad. These swimmers continue to show commitment, enthusiasm, support and are a great credit to the club. Well done everyone and we just wish that more swimmers prior to lock down could have held the illustrative trophy!

Lewis: Achievement – he moved up 2 lanes in a very short space of time and applied himself fully at all times.

Olivia: Great Effort, always tireless in the pool and gave it her all at every session.

Eleanor: Great learner who strived to improve each week and listened to instructions and applied herself 100%

Kamilla and Tyla: Both girls picked for effort shown and putting into practice what the coaches asked of them.

LEWIS

OLIVIA

ELEANOR

KAMILLA

TYLA



